



SCHOOL DIGITAL WELLNESS

Parent Association Events

DopaMind's science-based, SEL-focused, turnkey digital wellness events empower parents & teachers to help their students to foster a healthy relationship with technology.

VIRTUAL PARENT & TEACHER ED

\$25 PER PARTICIPANT (\$1,000 MINIMUM)*

DopaMind will educate parents and teachers on **the brain science behind digital wellness**, the concept of dopamine, and technology's connection to feelings and behaviors, arming them with the tools to guide their students to make healthy choices with technology and media.

IN-PERSON COMMUNITY EVENTS

\$9,000 FOR ALL THREE (INDIVIDUAL RATES BELOW)*



PARENT ED PRESENTATION
Inspire, educate and engage parents in a thoughtful dialog about the struggles of raising kids in the digital age and explore digital wellness issues and tips for kids.

\$1,500 + TRAVEL



STUDENT ASSEMBLY
A fun, engaging presentation crafted specifically for kids that communicates the science behind digital wellness and relevant SEL topics using facts, humor and empathy.

\$1,500 + TRAVEL



EXPERT PANEL
Q&A format expert panel bringing together community members to explore specific aspects of digital wellness such as social media's impact on youth mental health.

\$7,500 + TRAVEL

*Sliding scale and customized rates available to fit schools that demonstrate financial need. All fees are collected as a donation to DopaMind, a 501(c)(3) pending nonprofit organization.



DopaMind is a nonprofit organization working to teach kids and their caregivers, parents, and teachers about how to navigate modern technology and empower them to make brain-healthy media choices. Their turnkey programs, including school curriculum and community events, are rooted in easy-to-understand brain science and social-emotional learning and are designed to help kids understand the relationship between technology use and mental well-being. DopaMind also creates original online content for kids using award-winning children's book illustration and for adults with expert interviews, current research, parenting tips, and more.



FIND US ON INSTAGRAM, TIKTOK, & SPOTIFY FOR EXPERT INTERVIEWS, DIGITAL WELLNESS TIPS, & MORE



WATCH OUR SAMPLE VIDEO: HOW VIDEO GAMES AFFECT DIGITAL WELLNESS, NARRATED BY DARREN CRISS